



AMIT KATABY

SELF REALIZATION GUIDE, SPEAKER.

BIO

Amit Kataby is a self-realization guide, a powerhouse speaker, and a maverick storyteller. She guides people through the journey of self-discovery so they can meet their authentic self and live a powerful life beyond their ego, name, and form. Creating a safe space for people to be themselves and share authentically without the fear of being judged is her art. Amit shares from her experience with passion and fire, she will leave you engaged, motivated, and with an extra drop of optimism.

SPEAKING TOPICS

Rude Awakening: Healing the Triggered Ego

It is common to react when triggered. However, by reacting so emotionally to situations we give away a lot of power and inner peace, and it is often a source of distraction. Emotions and triggers are nothing but signals for you to stop and take an inside look. In this session, you will learn four tactics that you can apply immediately when dealing with conflict.

OUTCOME: MORE EFFECTIVE COMMUNICATION

Culture: Bringing Humanity Back into the Workplace

Connectivity is crucial when implementing culture. How can leaders create connectivity at work when compartmentalization and disconnect is the status quo? In this session, learn how to use language and rituals to build effective and collaborative teams.

OUTCOME: COLLABORATIVE AND HARMONIOUS TEAMS

Knowing is Not Enough: From Information to Transformation

We live in a time where information is free and available to pretty much everyone. Yet, we find ourselves stuck when wanting to break a bad habit or make a significant change in our lives. In this session, you will learn the difference between informational knowledge and transformative knowledge and how it could change your life forever.

OUTCOME: INSPIRATION AND MOTIVATION

Soul Chat

A tailored activity experience for your special event. A great way to achieve connectivity and engage your guests. For more information, please reach out directly.

Good for: Small parties/gatherings/meetings. Up to 10 people

OUTCOME: TO UPLIFT & CONNECT

CONTACT

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AVAILABLE FOR

- KEYNOTES
- WORKSHOPS/ SEMINARS
- SCHOOLS/UNIVERSITIES/ SORORITIES
- EXPERT PANELS
- BREAKOUT SESSION FACILITATOR
- COMMUNITY EVENTS
- CONFERENCES
- CORPORATE/ERG'S
- WOMEN'S EVENTS

WHAT PEOPLE ARE SAYING

"Amit equipped me with tools that helped me learn to become comfortable in myself and see the many opportunities the world offered and tackle them one by one."
Felistus C.

"Amit, thank you so much for the time spent with us the other week. This past weekend I was having a debate with a friend and stopped myself to ask, "Where does this meet me?" - it changed my perspective completely and allowed us to move forward because I was able to use a different perspective to understand her point. Thank you!"
Sophia J.

I had the privilege to be coached by Amit. Amit has a straightforward but at the same time empathic way of working with people. Amit has a positive and versatile personality, with a big passion inside of her. A warm person with robust skills and know-how to approach many different situations and an added value for every person or organization. – Raffaele P.

WOW! Tonight's session was incredible, I could have stayed for an extra couple hour. Definitely will be looking for your calendar to set up some time 1-1 for us. – Taylor D.

"Not all coaches are created equal. Amit is easily in a class by herself. Her passion is not simply to help transform those around her but to leave each person improved in some way. She is uniquely a mix of truth, transparency, tough love, and an inexplicable ability she seems to possess to reach others on a level deep enough to pierce straight through to your very soul". – Mykal White